

# How to apply an EMLA® patch

## For Babies Ages 2-10 months of age

Apply the EMLA patch at least 1 hour before your baby's shot (injection).

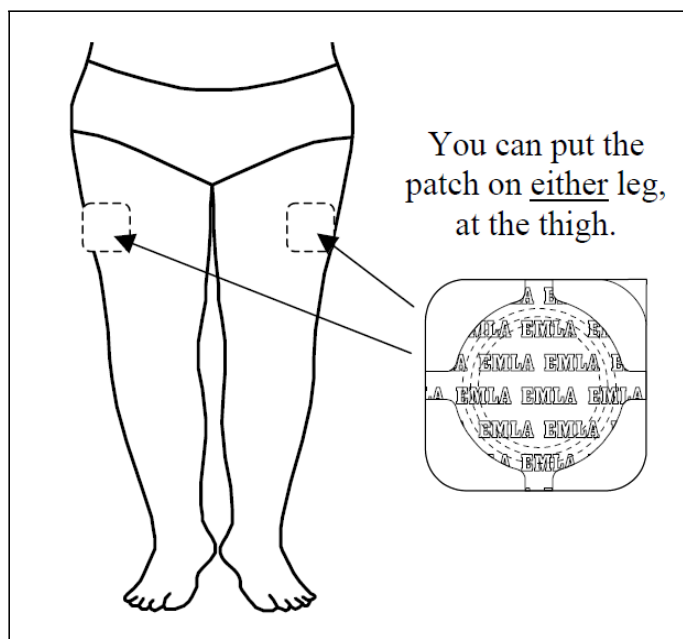
### 1.

Choose which leg you are going to use for the patch.

If your child is getting two shots, put one patch on each leg. Babies get two shots at two and four months. At six months they only get one shot.

Make sure the area of the skin is clean and dry.

Do not use an area of skin that is scratched or cut.

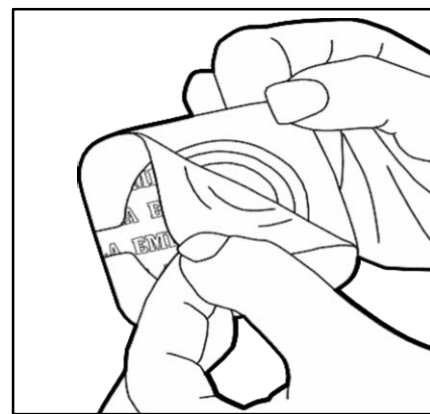


### 2.

To open the patch, pull the layers apart.

Take hold of the aluminum flap and peel the tan-coloured patch off the aluminum paper backing.

Do not touch the white round pad of EMLA medication.



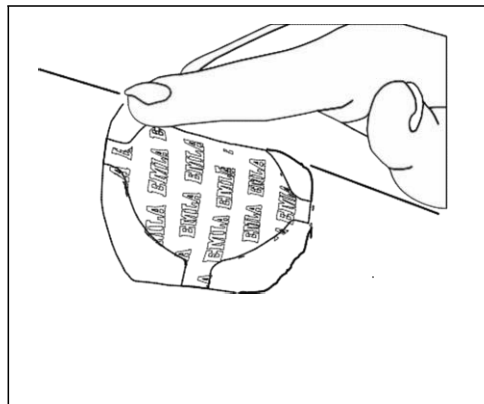
## How to apply an EMLA® patch – Information for parents

### 3.

Apply the EMLA patch so that the white round pad covers the area to be treated.

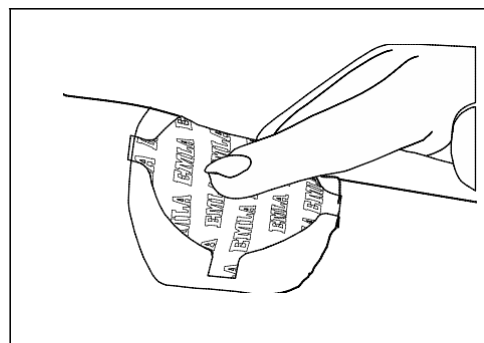
Press firmly around the edges of the patch to make sure the patch sticks to the skin.

Do not press the centre while you put on the patch.



### 4.

Press gently on the centre of the patch to make sure the pad of EMLA medication touches the skin.



### 5.

Use a pen to write the time you applied the patch on the dressing.

Take care that the patch does not come off during the hour wait time.

## Other instructions

- Do not reuse the EMLA patch.
- Store EMLA out of the reach of children.
- For more information about EMLA, go to: [www.astrazeneca.ca/](http://www.astrazeneca.ca/)