

# How to apply an EMLA<sup>®</sup> patch

## For Children Aged 12 months and older

Apply the EMLA patch at least 1 hour before your child's shot (injection).

### 1.

Choose which arm you are going to use for the patch.

Your child may be getting more than one shot. Children get a different number of shots and they are injected in different places. Please follow the nurse's direction according to your child's age and where they are getting the shot.

Make sure the area of the skin is clean and dry.

Do not use an area of skin that is scratched or cut.

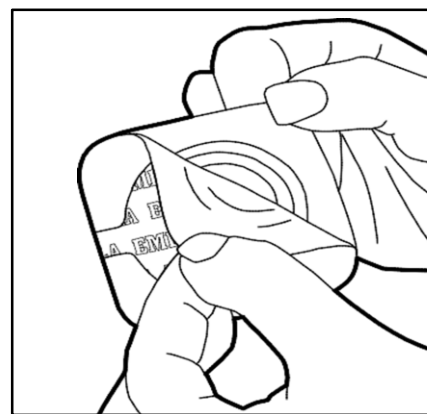
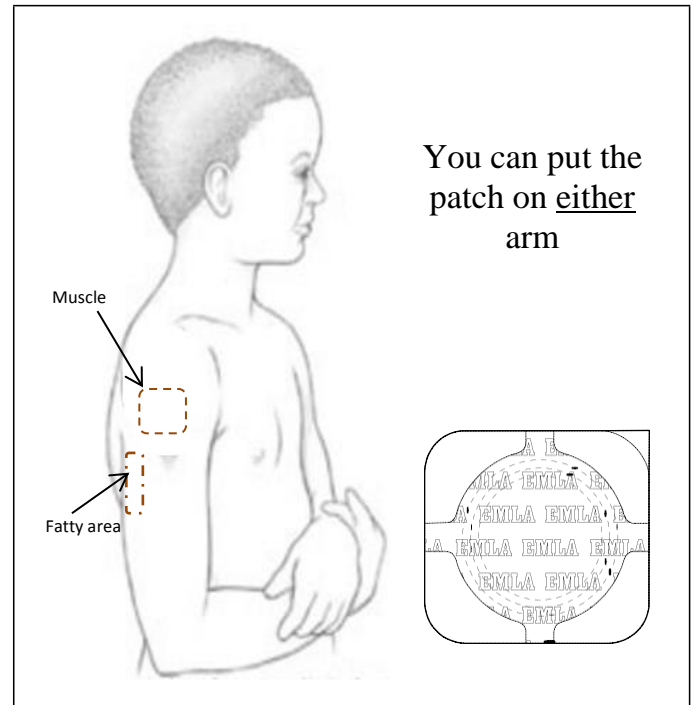
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### 2.

To open the patch, pull the layers apart.

Take hold of the aluminum flap and peel the tan-coloured patch off the aluminum paper backing.

Do not touch the white round pad of EMLA medication.



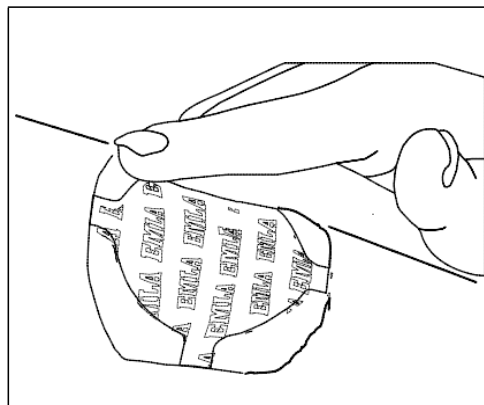
## How to apply an EMLA® patch – Information for parents

### 3.

Apply the EMLA patch so that the white round pad covers the area to be treated.

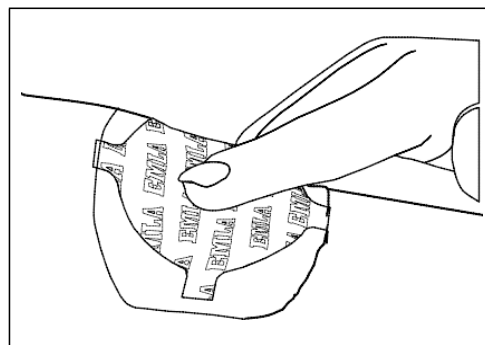
Press firmly around the edges of the patch to make sure the patch sticks to the skin.

Do not press the centre while you put on the patch.



### 4.

Press gently on the centre of the patch to make sure the pad of EMLA medication touches the skin.



### 5.

Use a pen to write the time you applied the patch.

Take care that the patch does not come off during the hour wait time.

## **Other instructions**

- Do not reuse the EMLA patch.
- Store EMLA out of the reach of children.
- For more information about EMLA, go to: [www.astrazeneca.ca/](http://www.astrazeneca.ca/)